



Saint Francis High School Track & Field Records



05/23/09

Girls Varsity

EVENT	MARK	RECORD HOLDER	GRADE	YEAR
100m	11.7	Damesha Craig	11	1996
200m	24.4	Damesha Craig	11	1996
400m	55.01	Roslyn Mack	9	1986
800m	2:15.58e	Maureen Marquess	10	1998
1500m	4:50.2	Susan Brodie	10	1981
1600m	5:01.7	Victoria "Tori" Tyler	9	2002
1 Mile	5:04.11	Victoria "Tori" Tyler	9	2002
3000m	10:22	Susan Brodie	11	1982
3200m	10:59.4c (2)	Domitilla Torrens (subtract 3.9 from 2 mile [.5840% shorter])	12	1993
2 Mile	11:03.2	Domitilla Torrens	12	1993
4x100m Relay	46.95	Joslyn Mack(10), Jennifer Jackson(11), Roslyn Mack(10), Karen Lawson(12)		1987
4x400m Relay	3:48.56 (CCS Record)	Liz Lynch(12), Joslyn Mack(12), Angie Nurisso(11), Roslyn Mack(12)		1989
100m HH (30")	14.2	Mary Crevelt	12	1980
100m HH (33")	14.88	Michelle Steingart	11	1996
300m IH	43.8	Michelle Steingart	12	1997
Long Jump	19' 8 ½"	Karen Lawson	9	1984
Triple Jump	37' 6"	Jennifer Jackson	10	1986
High Jump	5' 10"	Beth Vidakovits	12	1985
Discus	148' 4"	Sela Paini	12	2006
Shot Put	42' 2 ½"	Shannon Parker	12	1989
Pole Vault	13' 00"	Natasha Barthel	12	2007

1. The Mile time was converted from the 1600 time since we could not locate the official Mile record time.
2. The 3200 time was converted from the 2 Mile time since we could not locate the official 3200 record time.

Yellow indicates record set this year

e- Indicates electronic times. Subtract 0.24 seconds to achieve equivalent hand times.

c – indicates time converted from/to metric



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EVENT	MARK	RECORD HOLDER	GRADE	YEAR
Shuttle Hurdle Relay	1:11.1	Michelle Steingart(11), Angie Donovan(10), Sarah Clemm(10), Kristen Owen(11)		1996
4x200m Relay	1:41.5	Angie Nurisso(10), Joslyn Mack(11), Kelly Donnell(9), Roslyn Mack(11)		1988
4x800m Relay	9:56.36	<u>Taylor Groseclose(10-2:30.5)</u> , <u>Adrianna Romero(11-2:33.6)</u> , <u>Morgan Healy(9-2:22.9)</u> , <u>Lauren Madigan(10-2:28.2)</u>		2009
Distance Medley (1200,400,800,1600)	12:59.17	<u>Michelle Roemer (1200-11)</u> , <u>Angela Celentano (400-12)</u> , <u>Samantha Williams (800-12)</u> , <u>Shelby Golan (1600-10)</u>		2006
4x2 Mile Relay	52:12	Julia Gordon(10), Corinne Allen(10), Katherine Brill(10), Laura Brill(10)		2000
5x2 Mile Postal	57:39.2 (CCS Record)	Susan Brodie (11:07-11), Kim Himenes (11:24-9), Dana Rositano (11:26.9) Karen Himenes (11:31-9), Rossman (12:09)		1982
Sprint Medley (100,100,200,400)	1:44.97 (CCS Record)	Angie Nurisso(10), Joslyn Mack(11), Kelly Donnell(9), Roslyn Mack(11)		1988
Sprint Medley (400,200,200,800)	4:12.9	Joslyn Mack(11), Liz Lynch(11), Kelly Donnell(9), Roslyn Mack(11)		1988

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Saint Francis High School Track & Field Records

06/07/09



Girls Junior Varsity

EVENT	MARK	RECORD HOLDER	GRADE	YEAR
100m	12.6	Angie Nurisso	9	1987
200m	26.2	Angie Nurisso	9	1987
400m	1:01.74	Monika Sullivan	9	2006
800m	2:29.9	Cristin Kenyon	10	2001
1600m	5:35.18	<u>Emily Sitler</u>	9	2008
1 Mile	5:37.2	Debbie Capowski	11	1983
3200m	12:06.1c	Julia Gordon (subtract 4.2 from 2 mile [.5840% shorter])	9	1999
2 Mile	12:10.3	Julia Gordon	9	1999
4x100m Relay	51.33	<u>Kerry West, Ashley Murray, Taylor Marinovich, Alexa Quinn</u>		2009
4x400m Relay	4:12.34	<u>Taylor Marinovich, Elizabeth Stelling, Kerry West, Danielle Baker</u>		2009
100m HH (30")	16.4	Kara Stainislawozyk	11	1992
100m HH (33")	17.26	<u>Gina Givens</u>	9	2009
300m IH	49.7	<u>Gina Givens</u>	9	2009
Long Jump	16' 6"	MacKenzie Griffith	9	2001
Triple Jump	34' 9"	Diana Eurich	10	1994
High Jump	5' 2"	<u>Kirsten Kozlovsky</u>	10	2008
Discus	99' 1 ½"	Katie Lainer	10	2005
Shot Put (10lb)	31' 0.5"	Veyln Pale	9	2009
Pole Vault				

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A few notes about the records listed here:

- The list was reconstituted in 2004 from a 2000 official records list and subsequent information. While every effort has been made to ensure accuracy, there are a few marks still under investigation. Any disputed marks should be addressed with Steve Fuller via EMail at steve@juststeveinc.com.
- In 1985 most events were converted from English to Metric measurements. While reconstructing the school records, we decided to leave the English event records (e.g., Mile) separate from the Metric equivalent (e.g., 1600). While the distances are nearly identical, we decided that it would not be fair to the convert marks achieved at the shorter distance to the longer distance. However, if the longer distance time was significantly faster than the metric time, the longer time was converted to the metric record. For example, Domitilla Torrens 2 Mile (11:03.2) time converted to a 10:59.4 3200 Meter time which is much faster than the otherwise "official" 3200 time.

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