

SAINT FRANCIS HIGH SCHOOL
ATHLETIC DEPARTMENT
SAINT FRANCIS STEROID POLICY

As a condition of membership in the California Interscholastic Federation, the Central Coast Section and the West Catholic Athletic League, Saint Francis High School has adopted policies prohibiting the use and abuse of androgenic/anabolic steroids. As a member school of the above bodies, all participating students and their parents, legal guardian/caregiver agree that the athlete will not use steroids without the written prescription of a fully licensed physician (as recognized by the American Medical Association) to treat a medical condition (Bylaw 524)

It is the policy of Saint Francis High School to oppose the use of performance-enhancing supplements such as Creatine and Androstenedione, etc. All coaches, teachers, and staff members of Saint Francis High School will not promote, sell or distribute any supplements marketed as "muscle building." The Athletic Department takes the position that all student-athletes should make positive lifestyle choices formed by a Christian conscience and a loving responsibility toward other members of the team. Saint Francis High School student-athletes will compete and reach their full potential, but will do it based on their natural, God-given abilities, without the introduction of foreign substances into their bodies.

By signing below, the participating student-athlete, parent, legal guardian/caregiver hereby agree that the student shall not use androgenic/anabolic steroids without the written prescription of a fully licensed physician (as recognized by the American Medical Association) to treat a medical condition. We also recognize that under CIF Bylaw 200.D, there could be penalties for false or fraudulent information. We also understand that Saint Francis High School policy regarding the use of illegal drugs will be enforced for any violations of these rules.

Print Name of Student-Athlete

Signature of Student-Athlete

Date

Signature of Parent or Guardian/Caregiver

Date

Signature of Head Coach/Sport

Date