

# SAINT FRANCIS **LANCERS** **TRACK & FIELD**

## 2010 Boys and Girls Schedule

Last update: 01/28/2010

Date	Day	Opponent	Location	Time
02/27	SAT	Mandatory Parent Meeting	St. Francis HS Track	10:00am
02/27	SAT	Inter-squad Meet	St. Francis HS Track	11:00am
03/02	TUE	Uniform Distribution (Boys)	Gym 1	2:30pm
03/03	WED	Uniform Distribution (Girls)	Gym 1	2:30pm
03/04	THU	Practice Meet (Mt. View HS)	St. Francis HS	3:30pm
03/06	SAT	<u>Mt. Pleasant Relays</u>	Mt.Pleasant HS	8:00am
<b>03/10</b>	<b>WED</b>	<b>Sacred Heart Cathedral</b>	<b>St. Francis HS</b>	<b>3:00pm</b>
03/13	SAT	<u>K-Bell Track Classic (Selective)</u>	Los Gatos HS	8:00am
<b>03/17</b>	<b>WED</b>	<b>Bellarmino / Presentation</b>	<b>St. Francis HS</b>	<b>3:00pm</b>
<b>03/20</b>	<b>SAT</b>	<b><u>St. Francis Invitational</u></b>	<b>St. Francis HS</b>	<b>8:00am</b>
<b>03/24</b>	<b>WED</b>	<b>Valley Christian</b>	<b>St. Francis HS</b>	<b>3:00pm</b>
03/26	F / S	<u>Stanford Invitational (VL)</u>	Stanford University, Palo Alto	1:00pm
03/27	FRI	CCS F/S Top 8 (Limited F/S)	Los Gatos HS	4:00pm
<b>04/01-11</b>	<b>TH-SU</b>	<b>EASTER BREAK</b>		
04/09	F / S	<u>Arcadia Invitational (VL)</u>	Arcadia HS, Arcadia	6:00pm
<b>04/14</b>	<b>WED</b>	<b>St. Ignatius</b>	<b>St. Francis HS</b>	<b>3:00pm</b>
04/16	FRI	CCS Top 8 (Selective)	Los Gatos HS	3:00pm
04/17	SAT	<u>Mt. Sac Relays (VL)</u>	Mt. San Antonio CC, Walnut	7:00am
04/20	TUE	<i>Collaboration Mass</i>	<i>Chapel</i>	7:45am
<b>04/21</b>	<b>WED</b>	<b>Archbishop Mitty</b>	<b>Archbishop Mitty HS</b>	<b>3:00pm</b>
<b>04/28</b>	<b>WED</b>	<b>Archbishop Riordan (No Girls)</b>	<b>Archbishop Riordan HS</b>	<b>2:30pm</b>
<b>05/05</b>	<b>WED</b>	<b>Serra / Notre Dame Belmont</b>	<b>Junipero Serra HS</b>	<b>3:00pm</b>
04/24	SAT	<u>Meet of Champions (VL)</u>	Hughes Stadium, Sacramento	11:00am
<b>05/ 12</b>	<b>WED</b>	<b>WCAL Trials – Boys</b>	St. Francis HS	<b>4:00pm</b>
<b>05/ 13</b>	<b>THU</b>	<b>WCAL Trials – Girls</b>	St. Francis HS	<b>4:00pm</b>
<b>05/ 15</b>	<b>SAT</b>	<b>WCAL Finals – Field Events</b> <b>WCAL Finals – Track Events</b>	<b>St. Francis HS</b>	<b>10:00am</b> <b>12:00pm</b>
05/ 22	SAT	<u>CCS Semi-Finals – Field (VL)</u> <u>CCS Semi-Finals – Track (VL)</u>	Gilroy HS	9:00am 11:00am
05/23	SUN	<i>Awards Potluck</i>	<i>St. Francis HS Quad</i>	
05/ 28	FRI	<u>CCS Finals – Field (VL)</u> <u>CCS Finals – Track (VL)</u>	Gilroy HS	4:00pm 6:00pm

06/04	FRI	<u>CIF State Meet Trials</u> (VL)	Buchanan HS, Clovis	1:00pm
06/05	SAT	<u>CIF State Meet Finals</u> (VL)	Buchanan HS, Clovis	1:00pm

Note::  
 Selective Only a select group of athletes will compete  
 Limited Must qualify to compete in this type of meet.  
 V Limited Must qualify in **Varsity** division from the previous meet to compete.

Note: We are trying to move WCAL Trials back one day each and move the Finals to Friday the 14<sup>th</sup> night instead of Saturday the 15<sup>th</sup>. Please keep checking this site for details and any changes.

### Contact Information: Coaches

<u>Mike Saso</u>	Boys Head Coach Boys Sprints	School	(650) 968-1213, x678
<u>Mandy Benham</u>	Girls Head Coach Girls Distance B/G High Jump	Mobile	(408) 480-1353
<u>Roberta Chisam</u>	Girls Sprints	School	(650) 968-1213, x623
<u>Koa Cliett</u>	B/G LJ & TJ		
<u>Brian Curley</u>	Boys Distances B/G Discus & Shot	School Work	(650) 968-1213, x625
<u>Jason Hinkin</u>	B/G Pole Vault	Work:	(408) 596-6357
<u>Anthony Johnson</u>	B/G Hurdles	Work	(408) 821-3829
<u>Lesley Muller</u>	Boys Sprint		
<u>Bob O'Connor</u>	B/G Conditioning	School	(650) 968-1213, x698
<u>Anthony Rivera</u>	B/G Discus & Shot		
<u>Greg Stahler</u>	B/G Pole Vault	Home	(408) 656-7275

### Contact Information: Administration

<u>Mike Pilawski</u>	Athletic Director	School Fax	(650) 968-1213 x410 (650) 968-0856
<u>Margareth Lundh</u>	Athletic Dept. Admin Assist.	School	(650) 968-1213 x254
<u>Patricia Tennant</u>	Principal	School Fax	(650) 968-1213 x216 (650) 968-1706
<u>Steve Fuller</u>	Invitational Director WCAL Meet Director Web Master	Home: Mobile	(831) 426-0886 (831) 566-6489