



# SAINT FRANCIS HIGH SCHOOL

A Holy Cross school educating hearts and minds to serve the world

## 2009 Girls Cross Country

### CRYSTAL SPRING COURSE (2.95 miles)

### TOP 20 ALL-TIME MARKS LIST

(as of November 11, 2009)

### #1-#10: All-time Runners for all Divisions

#### SENIORS (Sub 20:30)

1.	Domitilla Torrens	17:49	1992 #1
2.	Shelby Golan	17:55	2007 #2
3.	Susan Brodie	18:20	1982 #3
4.	Kim Himenes	18:49	1984
5.	Julia Gordon	19:11	2001
6.	Anniken Iversen	19:16	1993
7.	Ashmi Pathela	19:21	2007
8.	Jenny Fuller	19:22	1980
9.	Katherine Brill	19:27	2001
10.	Allison McGuire	19:33	2003
11.	Michelle Ruiz	19:29	1990
12.	Jessica Upson	19:42	1998
13.	Becky Simmons	19:42	1999
14.	Angela Gummow	19:42	2001
15.	Laura Demmelmaier	19:48	1992
16.	Jeanette Sharrow	19:50	1988
17.	Lynn Grassi	19:51	1981
18.	Courtney Albini	19:54	2008
19.	Paige Teuscher	19:56	1995
20.	Jill Van Zytvelt	19:59	1985
21.	Michelle Roemer	20:06	2006
23.	Katie Monahan	20:07	1993
23.	Linda Keeler	20:08	1993
24.	Nianh O'Flaherty	20:11	1983
<b>25.</b>	<b>Annelise Brichier</b>	<b>20:23</b>	<b>2009</b>

#### SOPHOMORES (Sub 20:30)

1.	Susan Brodie	18:30	1980
<b>2.</b>	<b>Morgan Healy</b>	<b>16:38</b>	<b>2009 #5</b>
3.	Shelby Golan	18:56	2005 #7
4.	Dana Rositano	18:57	1982 #8
<b>5.</b>	<b>Annelise Brochier</b>	<b>19:08</b>	<b>2007</b>
6.	Karen Himines	19:14	1982
<b>7.</b>	<b>Emily Sitler</b>	<b>19:30</b>	<b>2008</b>
8.	Roslyn Mack	19:33	1986
9.	<b>Taylor Groseclose</b>	<b>19:41</b>	<b>2008</b>
10.	Katie Larkin	19:42	1987
10.	Diana Rossman	19:44	1982
10.	Julia Gordon	19:44	1999
13.	Courtney Albini	19:44	2006
13.	Angela Gummow	19:45	1999
15.	Lynn Grassi	19:45	1979
16.	Michelle Ruiz	19:46	1988
17.	Alyssa Arvin	19:47	2005
17.	Teresa Clark	19:50	1984
19.	Ashmi Pathela	19:50	2005
<b>20.</b>	<b>Madeline Roemer</b>	<b>19:51</b>	<b>2009</b>
21.	Stephanie Kaufmann	19:56	2006
22.	Monika Harnato	20:07	2006
23.	Anne Richards	20:10	1999
23.	Cassie Camilleri	20:10	2003
25.	Kerry Bratton	20:12	1983
26.	Gina Baciocco	20:14	1980
26.	Allison McGuire	20:14	2001
28.	Melissa Tran	20:18	2003
28.	Jeanette Sharrow	20:18	1986
28.	Laura Demmelmaier	20:18	1990
28.	Alexis Perez	20:18	2005

If you have any questions, comments or suggestions about this page, please contact [Steve Fuller](#).

**JUNIORS (Sub 20:30)**

1.	Susan Brodie	18:22	1981
2.	Kim Hinines	18:37	1983 #4
3.	Karen Himines	18:50	1983 #6
4.	Kathy Donofrio	19:03	1980 #9
5.	Lynne Grassi	19:05	1980
6.	Julia Gordon	19:15	2000
7.	Teresa Clark	19:26	1985
8.	Dana Rositano	19:29	1983
9.	Kerry Bratton	19:41	1984
10.	Jenny Fuller	19:48	1975
11.	Anniken Iversen	19:49	1992
12.	Roslyn Mack	19:53	1987
13.	Annie Wydeven	19:55	1985
14.	<b>Emily Sitrer</b>	<b>19:59</b>	<b>2009</b>
15.	Jeanette Sharrow	20:01	1987
	Lexie Reynolds	20:01	2004
17.	Allison McGuire	20:02	2002
18.	Rebecca Simmons	20:03	1998
19.	Cassie Camilleri	20:06	2004
19.	Diana Rossman	20:07	1983
	Laura Brill	20:07	2000
	<b>Adriana Romero</b>	<b>20:07</b>	<b>2008</b>
22.	Courtney Albini	20:08	2007
	<b>Annelise Brochier</b>	<b>20:08</b>	<b>2008</b>
24.	Alexis Perez	20:24	2006
25.	Ashmi Pathela	20:27	2006

**FRESHMEN (Sub 21:00)**

1.	Kim Himines	18:51	1981
2.	Courtney Albini	19:04	2005 #10
3.	Victoria Tyler	19:07	2001
4.	Adriana Romero	19:14	2006
5.	Angela Gummow	19:15	1998
6.	Roslyn Mack	19:29	1985
7.	Susan Brodie	19:33	1979
8.	Anne Richards	19:41	1998
9.	Taylor Groseclose	19:43	2007
10.	Shelby Golan	19:45	2004
11.	Jeanette Sharrow	19:57	1985
12.	Allison McGurie	20:02	2000
13.	Dana Rossman	20:05	1981
14.	Annie Wydeven	20:09	1983
15.	Cassie Camilleri	20:10	2002
15.	Dakota Taylor	20:10	2005
17.	Christina Francisco	20:16	1991
18.	Carla Swiryn	20:18	1994
18.	Lauren Cleeves	20:18	1996
20.	Jeanette Moritz	20:25	2000
21.	Alicia Ferguson	20:28	1991
22.	Emma Hinojosa	20:34	2000

## CRYSTAL SPRING COURSE (2.95 miles)

### TOP ALL-TIME TEAMS LIST

(as of **November 11, 2009**)

<u>Rank</u>	<u>Time</u>	<u>Year</u>	<u>Meet</u>	<u>Athletes and Times</u>
1.	95:34	1982	DAL	Susan Brodie(18:20), Dana Rositano (18:57), Karen Himenes(19:14), Kim Himenes(19:19), Diana Rossman(19:44)
2.	96:21	1981 *	REG 2	Susan Brodie(18:29), Kim Himenes(18:51), Kathy Donofrio(19:05), Lynne Grassi(19:51), Dana Rositano(20:05)
3.	97:05	2007	CCS	Shelby Golan(17:55), Annelise Briochier(19:08), Ashmi Pathela(19:36), Taylor Groseclose(19:43), Courtney Albini(20:43)
4.	97:19	1980		Susan Brodie(18:30), Lynne Grassi(19:05), Jenny Fuller(19:22), Kathy Donofrio(20:08), G. Baciocco(20:14)
5.	97:42	1983		Karen Himenes (18:50), Kim Himenes(19:00), Dana Rositano (19:29), Diana Rossman(20:08), Annie Wydvan(20:09).
6.	97:43	1992 *	CCS	Domatilla Torrens(17:46), Anniken Iversen(19:49), Laura Demmelmaier(19:48), Linda Keeler (20:09), Katie Monahan (20:11)
7.	98:01	2001	CCS	Victoria Tyler(19:07), Julia Gordon(19:17), Katherine Brill(19:27), Angela Gummow (19:42) Laura Brill(20:30).
8.	98:07	2005	WCAL	Shelby Golan (18:56), Courtney Albini (19:24), Alyssa Arvin (19:47), Ashmi Pathela (19:50), Dakota Taylor (20:10), Cassie Camilleri (20:18) , Michelle Roemer (20:21)
9.	99:05	2001	DAL	Julia Gordon (19:11), Katherine Brill (19:50), Victoria Tyler (19:49), Angela Gummow( 20:01), Allison McGuire (20:14).
10.	99:24	2006	WCAL	Adriana Romero (19:14), Courtney Albini (19:44), Stephanie Kaufmann (19:56), Michelle Roemer (20:06), Alexis Perez (20:24)
11..	99:37	1998	CCS	Angela Gummow(19:15), Anne Richards (19:41), Jessica Upson(19:42), Rebecca Simmons (20:05), Julie Falconer(20:54)
12.	99:38	1999	DAL	Julia Gordon(19:51),Angela Gummow(19:55),Becky Simmons(20:00), Anne Richards(20:10), Julie Falconer(20:42).
12.	99:38	2005	CCS	Courtney Albini (19:10), Shelby Golan (19:58), Alyssa Arvin (20:04), Ashmi Pathela (20:08), Alexis Perez (20:18), Michelle Roemer (20:39), Cassie Camilleri (20:34)
<b>14.</b>	<b>99:39</b>	<b>2009</b>	<b>CCS</b>	<b>Morgan Healy(18:38), Maddy Roemer(19:51), Emily Sitler(19:59), Annelise Brochier(20:35), Emilia Schrier(20:36), Lauren Madigan(20:45), Adriana Romero(20:53)</b>
15.	<b>99:51</b>	<b>2008</b>	<b>WCAL</b>	<b>Taylor Groseclose(19:41), Emily Sitler(19:54), Courtney Albini(20:01), Adriana Romero(20:07), Annelise Brochier(20:08)</b>
16.	100:04	2000	CCS	Julia Gordon(19:15), Allison McGuire(20:02), Laura Brill(20:07), Katherine Brill(20:10), Jeanette Moritz(20:25).
18.	101:09	1979		Susan Brodie(19:33), Lynne Grassi(19:45), Jenny Fuller(19:48), Shannon McCarthy(20:56), Vivian Loney(21:07).
19.	101:22	2003	WCAL	Allison McGuire (19:33), Jillian Bowman(20:19), Melissa Tran(20:18), Cassie Camilleri(20:20), Lexie Reynolds(20:52), Lauren Salazar(20:56)
20.	102:03	2004	WCAL	Lexie Reynolds(20:01), Cassie Camilleri(20:06), Michelle Roemer(20:22), Alison Hart(20:38), Alyssa Arvin(20:56), Alexis Perez(21:03)
21.	102:08	1986	2nd ctr	Roslyn Mack(19:46), Jeanette Sharrow(20:18), Liz Lynch(20:19), Joslyn Mack(20:45), Kelly Brennan(21:00)
22.	102:10	1988	Subsec	Michelle Ruiz(19:46), Jeanette Sharrow(19:50), Roslyn Mack (20:20), Amanda Tyler(20:55), Monica Shelley(21:28).
23.	102:17	1987	CCS	KatieLarkin(19:42),RoslynMack(19:53), Jeanette Sharrow(20:01), Joslyn Mack(21:18), Chrissy Chang(21:19).

The 1981 team also ran 96:36 and 97:01 at Crystal Springs

**The 1992 team was listed at 96:43 (#3). Adding up their times, the team time should be 97:43.**