



# 2009 Boys Cross Country

*A Commitment to Excellence*

## Crystal Springs All-Time List

(as of **November 14, 2009**)

Seniors (Sub 16:00)

Name	Time	Pace	Year
Ben Sitrer	14:53	5:02	2005
Eric Chaves	15:01	5:05	2000
Jim Kaspari	15:01	5:05	1979
Mike Kasser	15:07	5:07	1973
Kevin Donovan	15:25	5:13	1973
Tyson Thomas	15:30	5:15	1991
Dave Cortez	15:34	5:16	1976
Matt Honaker	15:34	5:16	2003
Kevin Chaves	15:34	5:16	2003
Kevin O'Halloran	15:35	5:16	1978
Paul Leonard	15:35	5:16	1983
Phil Pompei	15:35	5:16	2007
Adam Tucker	15:37	5:17	1997
Tim Jordan	15:37	5:17	1973
Stefan Wynn	15:38	5:17	1988
Phil McCarty	15:38	5:17	1977
Mike O'Halloran	15:39	5:18	1977

Name	Time	Pace	Year
John Collin	15:39	5:18	1995
Dan Faubian	15:44	5:20	1975
Don Barsi	15:44	5:20	1975
Erik Axtell	15:47	5:21	1987
Mark Sullivan	15:47	5:21	1977
Scott Gale	15:47	5:21	1980
Sam Crowley	15:48	5:21	1992
Jason Yingling	15:48	5:21	1992
Willie Clark	15:50	5:22	1990
Andy Maloney	15:51	5:22	1879
<b>Kyle Anderberg</b>	<b>15:51</b>	<b>5:22</b>	<b>2009</b>
Paul McClure	15:55	5:23	1978
Mike Cheung	15:55	5:23	1996
Brian Fisher	15:55	5:23	2004
Frank Gonzalez	15:56	5:24	1973
Tom Kuhl	15:57	5:24	1980
Kevin Brodie	15:57	5:24	1986

### Juniors (Sub 16:00)

Name	Time	Pace	Year
Eric Chaves	15:08	5:07	1999
Ben Sitler	15:10	5:08	2004
Stefan Wynn	15:27	5:14	1987
Paul McClure	15:32	5:15	1977
Mike Kasser	15:35	5:16	1972
Jim Kaspari	15:35	5:16	1978
Tyson Thomas	15:37	5:17	1990
Scott Gale	15:46	5:20	1979
Dave Cortez	15:48	5:21	1976

Name	Time	Pace	Year
Willie Clark	15:48	5:21	1989
Kevin Donovan	15:51	5:22	1972
Jason Yingling	15:51	5:22	1991
Don Barsi	15:54	5:23	1974
Mike Cheung	15:55	5:23	1995
Tom Kuhl	15:56	5:24	1979
Mike Hughes	15:58	5:24	1980
Erik Axtell	15:59	5:25	1986
Phil McCarty	16:00	5:25	1976

### Sophomores (Sub 17:00)

Name	Time	Pace	Year
Eric Chaves	15:17	5:10	1998
Ben Sitler	15:17	5:10	2003
Scott Gale	15:38	5:17	1978
Kurt Rochlitz	15:43	5:19	1976
Willie Clark	15:52	5:22	1988
Mike Chueng	16:00	5:25	1994
Mike Kasser	16:01	5:25	1971
Tyson Thomas	16:03	5:26	1989
Paul McClure	16:04	5:26	1976
Stefan Wynn	16:05	5:27	1986
Jim Kaspari	16:05	5:27	1977
Jason Yingling	16:07	5:27	1990
Kevin Chaves	16:08	5:28	2001
Chris True	16:09	5:28	1983
Kevin Donovan	16:10	5:28	1971
<b>Chris Reis</b>	<b>16:11</b>	<b>5:29</b>	<b>2008</b>
Phillip Pompei	16:17	5:30	2005
Kyle Anderberg	16:20	5:32	2007
Alex Blease	16:21	5:32	2004
Jeff Reynolds	16:25	5:33	1974
John Collin	16:27	5:34	1993

Name	Time	Pace	Year
Dan Chaves	16:27	5:34	1996
<b>Colin Mack</b>	<b>16:27</b>	<b>5:34</b>	<b>2009</b>
Kyle Stewart	16:28	5:34	2004
Adam Tucker	16:29	5:35	1995
Chris Allen	16:30	5:35	1997
Sam Cowley	16:31	5:35	1977
Chris Jenney	16:33	5:36	1986
Dan Fabion	16:40	5:38	1971
Mark Sullivan	16:40	5:38	1975
John Boniface	16:40	5:38	1992
Bryan Kovacs	16:41	5:39	1980
Joe Awender	16:46	5:41	1981
Anupam Pathak	16:47	5:41	1997
Phil McCarty	16:47	5:41	1975
Marshall White	16:53	5:43	1988
Paul Leonard	16:52	5:43	1981
Mike Hughes	16:55	5:44	1979
Ralph Lewis	16:58	5:45	1983
Quinn Walker	16:58	5:45	1992
Kevin Mahoney	16:59	5:45	1979
Randy Stone	16:59	5:45	1989

Freshmen (Sub 17:05)

<b>Name</b>	<b>Time</b>	<b>Pace</b>	<b>Year</b>
Dave Cortez	15:43	5:19	1973
Eric Chaves	15:59	5:25	1997
Ben Sitler	16:01	5:25	2002
Scott Gale	16:13	5:29	1977
Chris Reis	16:15	5:30	2007
Kurt Rochlitz	16:28	5:34	1975
Willie Clark	16:30	5:35	1987
Stefan Wynn	16:30	5:35	1985
Joson Yingling	16:32	5:36	1989
Jeff Reynolds	16:36	5:37	1973

<b>Name</b>	<b>Time</b>	<b>Pace</b>	<b>Year</b>
Chris True	16:42	5:39	1982
Kevin Chaves	16:43	5:40	2000
Joe Catton	16:45	5:40	1973
Kevin McDonough	16:48	5:41	1973
Jim Kaspari	16:55	5:44	1976
Anupam Pathak	16:57	5:44	1996
Matt Honaker	17:01	5:46	2000
Joe Awender	17:03	5:46	1980
Mike Chueng	17:04	5:47	1993

## VARSDITY TEAMS

Place	Time	Avg.	Athletes					Year	Meet
1	78:23	15:40	Kasser 15:07	Donovan 15:25	Cortez 15:43	Faubon 15:48	Jordan 16:10	1973	
2	78:56	15:47	Cortez 15:34	O'Halloran 15:35	Rochlitz 15:43	McCarthy 16:00	Sullivan 16:04	1976	
3	79:24	15:53	Gale 15:38	Kaspari 15:40	McClure 15:56	Rochlitz 16:04	Cowley 16:06	1978	
4	79:34	15:55	McCarthy 15:40	McClure 15:50	Sullivan 15:50	Rochlitz 16:05	Kaspari 16:09	1977	
5	79:37	15:55	Kaspari 15:13	Gale 15:46	Kuhl 15:58	Cowley 15:58	Toth-Fegel 16:42	1979	
6	79:44	15:56	Kasser 15:35	O'Halloran 15:38	Donovan 15:56	Faubon 16:10	Maetin 16:25	1972	
7	79:47	15:57	Sitler 15:28	Honaker 15:34	K. Chaves 15:34	Fisher 16:02	Rohrs 17:09	2003	
8	80:04	16:01	E. Chaves 15:17	D. Chaves 16:01	Darus 16:07	Huss 16:16	Spangler 16:23	1998	
9	80:24	16:05	Sitler 15:10	Fisher 15:55	Blease 16:21	Stewart 16:28	Johnson 16:31	2004	WCAL 3
10	80:28	16:06	Thomas 15:30	Yingling 15:51	Yerman 16:19	R. Stone 16:20	Odishoo 16:28	1991	
11	80:30	16:06	Tucker 15:37	E. Chaves 15:59	Darus 16:10	D. Chaves 16:14	Allen 16:30	1997	
	80:30	16:06	Sitler 14:59	P. Pompei 16:17	Calcagno 16:23	Johnson 16:24	Stewart 16:27	2005	WCAL 3
13	80:36	16:18	P. Pompei 15:35	Steve Foster 16:11	Chris Reis 16:15	Matt Ong 16:15	Kyle Anderberg 16:20	2007	CCS 1
14	80:46	16:09	Sitler 15:03	P. Pompei 16:22	Calcagno 16:25	Johnson 16:26	S. Pompei 16:30	2005	CCS 1
15	80:55	16:11	Thomas 15:37	W. Clark 15:50	Yingling 16:07	Yerman 16:39	R. Stone 16:42	1990	
16	80:57	16:11	Collin 15:39	Cheung 15:55	Sullivan 16:04	Culazzo 16:36	Foster 16:43	1995	
17	81:02	16:12	Gale 15:53	Kuhl 15:57	Hughes 16:08	Toth-Fegel 16:23	Kovacs 16:41	1980	
	81:02	16:12	Wynn 15:26	Axtell 15:47	W. Clark 16:30	H. Vera 16:33	Seewer 16:45	1987	

Place	Time	Avg.	Athletes					Year	Meet
19	81:17	16:15	Brode 15:58	Axtell 16:00	Wynn 16:05	Jeney 16:33	Rowley 16:41	1986	
20	81:28	16:18	Sitler 16:01	K. Chaves 16:07	Peterson 16:14	Busta 16:28	Honaker 16:38	2002	
21	81:36	16:19	Cheung 15:55	Tucker 16:08	D. Chaves 16:27	Woodhead 16:32	Sullivan 16:34	1996	
22	81:37	16:19	Cheung 16:07	Collin 16:15	Banface 16:18	Q. Walker 16:27	B. Stevens 16:37	1994	
23	81:38	16:20	E. Chaves 15:03	Butterick 16:03	K. Chaves 16:43	Sheehan 16:48	Kausek 17:02	2000	
24	81:43	16:21	Barsi 15:44	Cortez 15:48	O'Connor 16:18	Blick 16:39	Pritchard 17:14	1975	
25	81:48	16:22	A. Malonye 15:52	Barsi 15:53	M. Maloney 16:24	O'Connor 16:38	McDonoug 17:01	1974	
26	81:52	16:22	Wynn 15:38	W. Clark 15:52	Seewer 16:26	M. White 16:53	Donofrio 17:03	1988	
27	81:57	16:23	E. Chaves 15:14	Butterick 16:23	J. Spangler 16:39	C. Allen 16:45	McCandless 16:56	1999	
28	82:01	16:24	H. Darus 16:13	Bonface 16:16	Collin 16:27	Q. Walker 16:31	Paulson 16:34	1993	
<b>29</b>	<b>82:12</b>	<b>16:27</b>	<b>C. Reis 16:18</b>	<b>K. Anderberg 16:23</b>	<b>N. Hart 16:28</b>	<b>C. Wright 16:30</b>	<b>D. Glenday 16:33</b>	<b>2008</b>	
30	82:28	16:30	Leonard 15:34	True 16:00	Awender 16:36	Lewis 16:58	Hurlston 17:11	1983	
31	82:40	16:32	W. Clark 15:48	Thomas 16:31	Yingling 16:32	L. Vera 16:48	R. Stone 16:59	1989	
32	83:16	16:40	K. Stewart 16:09	P. Pompei 16:15	M. Calcagno 16:38	K. Murphy 17:00	K. Rouse 17:14	2006	WCAL 3
<b>33</b>	<b>83:27</b>	<b>16:41</b>	<b>K. Anderberg 15:51</b>	<b>C. Wright 16:38</b>	<b>I. Midiere 16:56</b>	<b>C. Mack 17:01</b>	<b>M. Prout 17:01</b>	<b>2009</b>	<b>CCS 8</b>
34	83:21	16:40	K. Chaves 16:08	Busta 16:41	Mitro 16:45	Honaker 17:07	D. Lee 17:31	2001	All Sophs
35	83:38	16:43	Kasser	Donovan	Faubon	Jordan	Gonzales	1971	
36	84:09	16:50	Yingling 15:53	Bonface 16:48	H. Darus 17:00	Q. Walker 17:02	Stefani 17:26	1992	
37	84:58	16:59	Leonard	Awender	True	Hurlston	Corcoran	1982	All

			16:21	16:37	16:42	17:27	17:51	Sophs
--	--	--	-------	-------	-------	-------	-------	-------

Data compiled and maintained by Ellen Clark. If you have any question, comments or suggestions, please direct them to [Steve Fuller](#) and I will pass them along to Mrs. Clark.